

HOW TO TURN DREAMS INTO ACTIONS

Finding the Future Faster



***Vision without action is merely a dream.
Action without vision just passes the time.
Vision with action can change the world.***

Certainly, this is one of Joel's top quotes, echoed in this article by a quote from French author Antoine de Saint-Exupery. Joel's "The Power of Vision" clearly points out that vision is an important element for individuals. Here are some thoughts on this.

What big dreams did you have as a kid? They changed as you became a teenager and again as you entered adulthood. Think about all those goals that were so important to you then. How many have you achieved?

If you are like most people, your batting average in goal achievement isn't that impressive. This is certainly not a knock on you. Our current world is full of distractions. You must take care of responsibilities that have nothing to do with your goals and dreams. Many people find that at the end of the day, there isn't enough time left to do anything other than crash into their bed.

This can, unfortunately, turn into a common cycle where only a little time is spent chasing down dreams. If you want to move your dreams from your mind to the reality you experience, the following tips can help. They promote action, even if you have a busy, demanding schedule.

Make Your Target Easier to Hit

What does your dream look like? Is it vague? Or do you have a clear picture of its every detail? That second scenario leads to more success. If the dream you want to live is clarified in every aspect, you are more likely to achieve it. A goal with a lot of detail makes it easier for you to form a game plan for achieving it. Vague dreams are difficult to realize.

Develop a Plan of Action

French author Antoine de Saint-Exupery said, "A goal without a plan is just a wish." This takes us back to what we just discussed. Imagine trying to create a game plan to achieve a vague result. It is impossible.

When you have a specific target, understanding what daily steps must be taken to achieve an outcome is much easier. Once your target is clear, develop a plan of action. Break a big goal into many smaller goals that eventually lead you to a larger achievement.

Dream Big

It takes little effort to make a small change. If your dream isn't big and powerful, you can rationalize that it is easy to achieve. You can always take action tomorrow instead of today.

There is a sense of urgency when the change you are trying to manifest is huge. You know it is going to require a lot of work. Having a clear, ambitious goal ignites a sense of urgency, compelling us to take action with purpose and determination.

Remind Yourself with Comparisons

You have a dream because you want to change your current reality. We discussed earlier that life can get busy. This means it's easy to fall into a pattern of inaction. You don't take the necessary steps to get where you want. One way to foster action is to remind yourself of two things.

1. Where am I now?
2. Where do I want to go?

This comparison can be powerful. It forces you to take stock of your current situation and compare it to the wonderful dream you would like to realize. Constantly reminding yourself of your life now and what you want it to become will get you to take action.